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	Page
LIVEABLE CITIES	
WHITE J J, York City Council, UK A walk on the (not so) wild side - promoting the pedestrian in York	1
DOWLAND C R, Environmental and Transport Planning, UK Lüneburg - a study of a car-free city	15
LOISEAU-VAN BAERLE F, Amarcande, France LORIENT: a "liveable" city	27
TRAFFIC CALMING	
LAYFIELD R E, Transport Research Laboratory, UK The effectiveness of speed cushions as traffic calming devices	29
GERCANS R, Department of Transport, UK Traffic calming - where are we now?	41
CHICK C W, London Borough of Hounslow, UK An integrated approach to traffic calming, road safety and environmental improvements in the London Borough of Hounslow	53
BRILON W and WEISER F, Ruhr-University Bochum, Germany Dimensioning cross sections according to probabilities of encounters between vehicles	71
VULNERABLE ROAD USERS	
ABBAS K A, Egyptian National Institute of Transport, MABROUK I, Al-Azhar University and EL-ARABY K A, Ain Shams University, Egypt Traffic behaviour of school children in Cairo: implications for road safety	83
ABBAS K A, Egyptian National Institute of Transport and MABROUK I, Al-Azhar University, Egypt Pedestrian environment problems encountered by the mobility handicapped in Cairo	101

	<u>Page</u>
NIELSEN M A, Danish Road Directorate, Denmark Safety of cyclists in urban areas	113
STARK D C, Department of Transport and HUNT J, University of Wales College of Cardiff, UK Capacity measures for pedestrian crossing movements	125
PARKING AND ENFORCEMENT	
LESTER N, Parking Committee for London, UK Parking enforcement and the Road Traffic Act 1991	337
LEITHEAD C M, Metropolitan Police Traffic Branch, UK Network management - a police view	137
EASTMAN C R, JMP Consultants Ltd, UK On-street parking enforcement - the UK and USA compared	141
ROAD SAFETY	
MOUNTAIN L, FAWAZ B, University of Liverpool, WRIGHT C C, JARRETT D and LUPTON K, Middlesex University, UK Highway improvements and maintenance: their effects on road accidents	151
PELTOLA H J, KULMALA R O and KALLBERG V-P, Technical Research Centre of Finland, Finland Why use a complicated accident prediction model when a simple one is just as good	163
DATTA T K, FLANNERY A and SINGH S, Wayne State University, USA Use of rate quality technique in the identification of hazardous locations	171
ARP D K, RoSPA, UK Healthy alliances	183

	<u>Page</u>
FOCAS C and HAMILTON K, London Research Centre, UK What can we learn from women's lower casualty numbers?	195
WHITTINGHAM A, Wootton Jeffreys Consultants Ltd, UK Investigation of traffic speed, flow and geometry in urban areas	197
STARK D C, Department of Transport, UK Relating speed to accident risk at priority junctions	209
BARUYA A and FINCH D J, Transport Research Laboratory, UK Investigation of traffic speeds and accidents on urban roads	219
TRAFFIC CONTROL	
ROBERTSON D I and JACKSON P C, Oscar Faber TPA, UK Analysis of the performance of a SCOOT UTC system	231
VAN VELZEN G A and DE HAES F, Grontmij Consulting Engineers, TAALE H and MIDDELHAM F, Ministry of Transport and Public Works, The Netherlands Evaluation studies of on-ramp metering	241
BOOTH J, Castle Rock Consultants, UK, FACIANE T and HILL C, Castle Rock Consultants, USA Potential applications - the HELP experience	253
SPEED ENFORCEMENT	
WINNETT M, Transport Research Laboratory, UK A review of speed camera operations in the UK	265
OEI H L, SWOV Institute for Road Safety Research, The Netherlands Effective speed management through automatic enforcement	277

	Page
BUS PRIORITY	
CHENEY C N, Department of Transport and BALCOMBE R J, Transport Research Laboratory, UK Innovation in bus priority	289
OAKES J A J, THELLMANN A M and KELLY I T, Oscar Faber TPA, UK Innovative bus priority measures	301
KING G N, London Transport Buses, UK Do buses really mean business?	313
DEVELOPING PRIORITY (RED) ROUTES IN LONDON	
TURNER D, Traffic Director for London, UK Developing priority (red) routes in London	325

# PEDESTRIAN ENVIRONMENT PROBLEMS ENCOUNTERED BY THE MOBILITY HANDICAPPED IN CAIRO

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#### 1. INTRODUCTION

United Nations declarations state that handicapped people have a natural right to all aspects of a normal and decent life regardless of their origin, status or type of disability. However, in many countries of the world the handicapped are considered as a minority dis-privileged group. One of the basic rights of any person should be the ability to move easily and comfortably from one place to another.

In recent years many countries in the world are giving more attention to the transport and pedestrian environment problems of handicapped people. Unfortunately in most developing countries the situation is still relatively neglected. This paper is concerned with this aspect of the daily life of handicapped people in Cairo. Cairo, the capital of Egypt, is considered as one of the most densely populated cities in the world. The pedestrian walking and crossing environment in Cairo is considered to be unfriendly and uncomfortable for ordinary pedestrians. The situation is much more aggravated when it comes to a handicap person walking on sidewalks or crossing streets in Cairo.

This paper presents the results of a questionnaire survey that was specially designed with the purpose of identifying the perception of mobility handicapped to pedestrian environment problems that they face in the streets of Cairo.

#### 2. OBJECTIVES

This study has two main objectives. The first objective can be stated as attempting to identify the most profound difficulties and problems that the mobility handicapped face while walking on sidewalks and crossing streets in Cairo. The second objective is to suggest a set of policies and measures that are meant to improve the pedestrian environment for the mobility handicapped in Cairo.

The main known disabilities include sight impairment, hearing impairment, physical disabilities and mental disabilities. It was decided to concentrate the research efforts on surveying the Physically Handicapped (PH) and the Visually Impaired (VI) people. These are people who have difficulties in moving along sidewalks and crossing streets as well as difficulties in using available public transport facilities. It is to be noted that the (PH) within the scope of this study are those whose disabilities are mainly in their lower limbs (paralysis, amputation, disfigurement). The survey took the form of a questionnaire that was completed by a total of 314 mobility handicapped, of which 172 are (PH) and 142 are (VI). The collected data was coded and statistically analysed. The results of the analysis show the most serious and frequently encountered problems that mobility handicapped face in their pedestrian environment.

#### 3. SURVEY DETAILS

Due to the lack of centralised statistics on handicapped people, the authors started by identifying the main associations and organisations that serve and represent handicapped people in Cairo. This includes educational, training, medical and social/cultural organisations, and district rehabilitation centres. Before designing the questionnaire, several preliminary visits to some of the main educational and rehabilitation centres for (VI) and (PH) people in Cairo were conducted. These visits included discussions and personal interviews with social workers as well as with people with mobility handicapped. In addition, meetings and consultations with managerial personnel responsible for these organisations were carried out. Parallelly, several published studies in this area were examined. All in all, these helped to identify the different factors and problem areas thought to affect the transport accessibility and the street/kerb mobility of handicapped people in Cairo. Based on the previously stated study objectives and the insight gained from the pilot meetings, discussions and reviewed studies, a final questionnaire was designed by the authors, see Abbas and Mabrouk 1994 for questionnaire details.

Pilot questionnaire interviews were conducted by the authors. These showed the difficulties and the time consumed in completing the questionnaire forms. The first difficulty was perceived whilst conducting the pilot questionnaire with some of the (VI) people. The factors in the ranking questions had to be repeated two to three times and the final ranking stated by the (VI) respondent had to be restated by the interviewer so as to ensure that this is the correct meant ranking. Other difficulties were mainly related to the shyness of some of the young handicapped people to speak to the authors. On the other hand, some of the adult handicapped people exhausted a lot of time in discussing other issues unrelated to the study with the authors. It was decided to train some of the social workers in these places to help in conducting the final survey. The questionnaire forms were distributed and completed by the mobility handicapped with the assistance of social workers. In addition a large proportion of the (PH) survey was conducted using mail back questionnaires.

#### 4. SAMPLE REPRESENTATION AND SOCIO-DEMOGRAPHIC DATA

In Egypt, as well as in many other countries, proper statistics on the numbers of handicapped people do not exist. This conclusion was reached by the authors after several formal and informal discussions with government officials responsible for handicapped people in Egypt. However, according to United Nations reports it is accepted to assume that the percentage of handicapped people in any country is around 10% of the population. Discussions with Egyptian government officials assured this percentage and further indicated that this percentage can be divided as 5% (PH), 3% mentally handicapped, 1% deaf and 1% (VI).

A sample, including (PH) and (VI) people, was selected to complete the questionnaire. The study followed the same approach of previously conducted studies in randomly drawing the sample of respondents from the registration books of associations and organisations that serve and represent handicapped people in Cairo, see Gallon and Oxley 1990, Harney 1992, May 1992, and U.S. DOT 1985. According to May 1992 "these could be classified as the active mobility handicapped". The sample representation is displayed in table 1. The table shows the number of questionnaires distributed and the level of response. The response rate to the questionnaire survey was considered acceptable when compared with other similarly conducted studies, see Dallmeyer 1976.

Type of Handicap Survey Details (Sample Representation)	Physically Handicapped	Visually Impaired
Population in Cairo in 1993 (*)	68 13000	6813000
Percentage/Number of Handicapped	5% i.e 340650	1% i.e. 68130
Sample Size (Percentage/Number)	1% i.e. 3406	1% i.e. 681
Final Sample Size Chosen (Percentage/Number) (**)	0.3% i.e. 1000	0.3% i.e. 200
Number of Returned Questionnaires	304 (***)	167
Number of Successfully Completed Questionnaires	172 (****)	142

- (\*) Population in Cairo is based on 1986 census and 1976-1986 rate of growth. Source: 1991 Statistical Year Book, Central Agency for Mobilisation and Statistics, Cairo, Egypt.
- (\*\*) Due to limited resources a decision was taken to reduce the sample size to 0.3% (\*\*\*) Response rate for the (PH) is relatively low compared to response rate of (VI). This is mainly due to conducting a large proportion of the (PH) survey using mail back questionnaires forms.
- (\*\*\*\*) Number of successfully completed questionnaires is relatively low as all (PH) with upper limb disabilities were excluded.
- (\*\*\*\*\*) All surveys and data collection work were conducted during the year 1993.

Socio-demographic data of the sample of respondents is displayed in table 2. The table shows that the respondents are mainly males. The level of education of most of the respondents is between illiteracy and primary school. Most of the respondents are government employees. Most of the (PH) respondents suffer from lower limb paralysis. As for the current age of the respondents, the mean age for the (PH) respondents is 30 years and for the (VI) is 33 years. On the other hand, the mean age for the (PH) respondents at which disability occurred is 5 years while for the (VI) is 7 years.

Table 2: Socio-demographic statistics of questionnaire respondents

#### PHYSICALLY HANDICAPPED VISUALLY IMPAIRED Responses Statistica Responses **Statistics** Socio-Demographic Data Number Percentage Mode Number Percentage Mode Gender 146 85 67 Male 25 Male Male 26 15 47 33 Female Level of Education 31 Illiterate 54 47 33 Primary school 54 31 44 31 **Eliterate** Hilterate 24 42 17 12 Secondary school University/Institute 19 11 22 15 Postgraduate 1 1 11 8 Other 1 1 1 1 **Employment** Employed with government 66 39 55 30 Employed with private sector 60 36 Employed 15 11 **Employed** Self-employed 6 4 1 with the with the 0 On-pension 0 2 Government Government 7 8 Unemployed 12 5 10 34 24 Student 16 Other 7 4 27 19 Type of Work Unemployed/Student/On-pension 28 17 31 Worker/ Worker/ Educator 3 2 35 25 Civil Worker/Civil Servant 65 39 50 35 Civil Servent Trainee 12 8 Servant 35 58 Craftaman Stall-holder/Hawker 6 3 Other 0 0 1 Type of Physical Disability Paralysis of lower limb(s) 132 77 Paralysis of Amputation of lower limb(a) 35 20 Lower Disfigurement in lower limb(s) 5 а Limb(s) Mean Stand. Dev. Min. Max. Mean Stand, Dev. Min. Max. 12 Birth 33 10 Age at which disability occured Birth

# <u>5. PEDESTRIAN ENVIRONMENT PROBLEMS ENCOUNTERED BY MOBILITY HANDICAPPED</u>

The mobility needs for both the (PH) and the (VI) are displayed in table 3. The table shows that most of the surveyed (PH) need a crutch or a stick to help them in their movement. On the other hand, the table demonstrates that most of the surveyed (VI) need to be escorted by other people to aid them in their movement.

Table 3: Mobility needs statistics of questionnaire respondents

#### PHYSICALLY HANDICAPPED

Mobility Needs	Response		Mode	
<u> </u>	Number	Percentage	Mode	
Need the help of others Need a wheel-chair	7 7	4		
Need artificial limb(a)	19	12		
Need a crutch/atick	33	20	Need a	
Need artificial limb(s) & the help of others	14	8	Crutch/	
Need a wheel-chair & the help of others Need a crutch/atick & the	19	12	Stick	
help of others	29	18		
Do not need help but atili have mobility problems	24	15		
Do not need any aid	12	7		

#### VISUALLY IMPAIRED

Mobility Needs	Response		Mode	
	Number	Percentage	Mode	
Need the help of others	82	60		
Need a walking stick	15	11	Need the	
Need the help of others and			Help of	
a walking stick	23	17	Othera	
Do not need any ald	17	12		

#### 5.1 Problems of Mobility Along Sidewalks

In terms of handicapped mobility on sidewalks, figure 1 shows that the (PH) perceive unevenness of sidewalks as the most serious problem that they encounter when moving on sidewalks. This is followed in order of seriousness by:

- \* narrow width of sidewalks.
- \* vehicles parked and occupying sidewalks' space,
- \* overcrowding of pedestrians on sidewalks,
- \* existence of obstacles on sidewalks, and finally
- \* lack of courtesy and concern of other pedestrians.

As for the (VI) people, figure 2 demonstrates that obstacles on sidewalks is perceived as the most serious problem that they face whilst moving on sidewalks. This is followed in order of seriousness by:

- unevenness of sidewalks,
- \* opened electricity kiosks,
- \* narrow width of sidewalks,
- \* overcrowding of pedestrians on sidewalks, and finally
- \* lack of courtesy and concern of other pedestrians.

#### 5.2 Problems of Mobility While Crossing Streets

The other component of pedestrian environment mobility is concerned with handicapped crossing of streets. The questionnaire revealed that the (PH) perceive the general inadequacy of provision for pedestrian crossing as the most profound problem that (PH) face when attempting to cross streets in Cairo, see figure 3. The figure shows that this problem is followed in order of seriousness by:

- \* high level of kerbs,
- \* high speed of approaching vehicles,
- \* lack of concern of drivers, and finally
- wide streets to cross.

As for the (VI), figure 4 demonstrates that they also perceive the general inadequacy of provision for pedestrian crossing as the most significant problem that they confront whilst attempting to cross streets in Cairo. The figure further shows that this problem is followed in order of seriousness by:

- \* lack of concern of drivers.
- \* lack of safety barriers around opened gutters/potholes,
- \* high level of kerbs, and finally
- \* wide streets to cross.

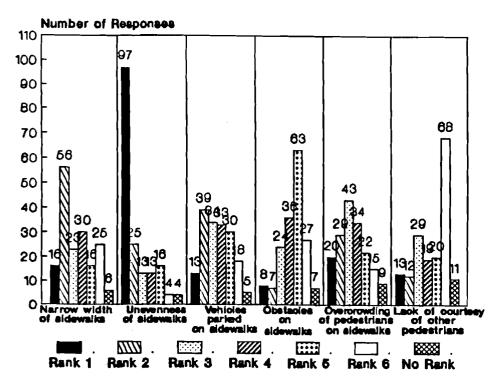


Figure 1: Ranking of side-walks mobility problems encountered by the physically handicapped questionnaire respondents

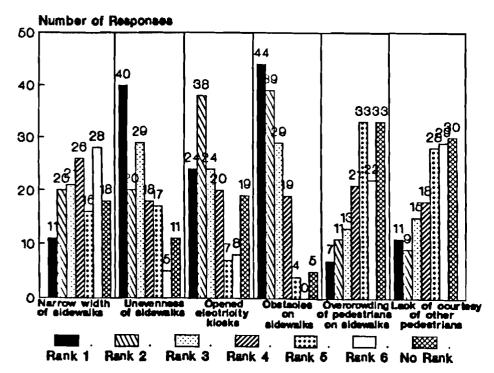


Figure 2: Ranking of side-walks mobility problems encountered by the visually impaired questionnaire respondents

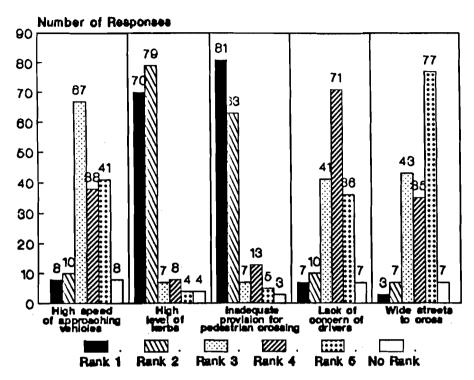


Figure 3: Ranking of cross streets mobility problems encountered by the physically handicapped respondents

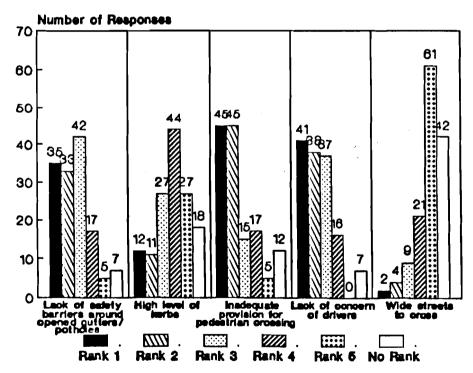


Figure 4: Ranking of cross streets mobility problems encountered by the visually impaired respondents

# 6. POLICIES AND MEASURES SUGGESTED TO IMPROVE PEDESTRIAN ENVIRONMENT FOR MOBILITY HANDICAPPED IN CAIRO

It is widely known that the enhancement and the betterment of the pedestrian environment for mobility handicapped induce broad benefits to all transport users especially the elderly, children, women particularly pregnant women, sick people (heart disease, diabetics) and in general all other able-bodied passengers.

Based on the literature survey and the study results, the following presents a set of suggested policies and measures that could be embraced and implemented to improve the pedestrian environment for mobility handicapped and to relieve the current problems that they face when walking along sidewalks or whilst crossing streets.

- \* Enforce penalising car drivers for parking on sidewalks thus obstructing the pedestrian movement and specially the mobility handicapped pedestrians.
- \* Prohibit stall holders, hawkers, petty-sellers, and shops from displaying their merchandise on sidewalks specially in heavily pedestrianised areas. This is meant to reduce the intensity of obstacles that hinder the mobility of handicapped pedestrians and might cause accidents.
- \* Include in the design specifications of roads an increase in the width of sidewalks to allow for a more comfortable and easy movement of mobility handicapped.
- \* Kerbs should be dropped at pedestrian crossings to ease the crossing of the (PH). However this should be accompanied with tactile surfaces to indicate the location and the layout of crossing points for the (VI).
- \* Governorate road officials should guarantee the use of high quality materials for paving sidewalks and ensure an appropriate level of workmanship and regular maintenance so as to avoid the frequent occurrence of uneven sidewalks.
- \* Hazardous locations such as open electricity kiosks should be fenced and visual and audible warning signs should be installed.
- \* Promoting the awareness and courtesy of other able-bodied pedestrians towards mobility handicapped pedestrians. This can be achieved through continuous media campaigns and school children education so as to instigate a society feeling of understanding and appreciation of the difficulties that disabled people may encounter in their day to day pedestrian environment.
- \* Savill and Chinn 1993 have reached a set of recommendations which ought to be considered in Cairo. These include: "installing audible signals at crossings and increasing the length of the green time".
- \* Increase the number of controlled crossing points.
- \* Establishment of appropriately placed resting places and seats so as to stage the walking distances made by the mobility handicapped.
- \* Providing the (VI) with illuminated sticks (florescent or phosphoric) that enable them to signal to drivers to stop and give them priority to cross streets, specially at night. This traffic regulation should be added to the driving rules and new drivers applying for driving licences should demonstrate their knowledge of this traffic regulation among other driving rules and regulations.

\* Use of special tactile surfaces to provide high differences in sidewalks' surface roughness that can be felt and discriminated by the (VI). "Tactile surfaces are recommended to provide information in the following situations: warning of dropped kerb at crossing street; proceed with caution e.g. at steps; guidance through pedestrianised and platform areas; warning of heavy or light rail platform edge; information points (e.g. location of a telephone kiosk, bus stop, ticket kiosk), see Barham et al. 1994. In addition these can serve as warning signals for any obstacles or hazards.

#### 7. CONCLUSION

In an attempt to identify the perception of mobility handicapped towards the seriousness of pedestrian environment problems that they encounter, a questionnaire was designed to serve this purpose. A sample, including (PH) and (VI) people, was selected to complete the questionnaire. The sample representation, including the number of questionnaires distributed and the level of response was discussed in the paper.

Socio-demographic data of the sample of respondents was presented. This include disaggregating respondents according to gender, level of education, employment, type of work, type of physical disability, current age and age at which disability occurred. Most of the surveyed (PH) need a crutch or a stick to help them in their movement, while most of the surveyed (VI) need to be escorted by other people to aid them in their movement.

The main results of the study can be summarised as follows.

- 1. In terms of handicapped mobility on sidewalks in Cairo, the (PH) perceive unevenness of sidewalks as the most serious problem that they encounter when moving on sidewalks. As for the (VI) people, obstacles on sidewalks is perceived as the most serious problem that they face whilst moving on sidewalks.
- 2. In terms of handicapped crossing of streets, the study revealed that the (PH) perceive the general inadequacy of provision for pedestrian crossing as the most profound problem that they face when attempting to cross streets in Cairo. Similarly the study demonstrates that the (VI) also perceive the general inadequacy of provision for pedestrian crossing as the most significant problem that they confront whilst attempting to cross streets in Cairo.

In conclusion, a set of policies and measures that could be adopted and implemented to improve the pedestrian environment for the mobility handicapped in Cairo and to relieve the current problems that they encounter when moving along sidewalks and whilst crossing streets, were suggested.

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